

ABUNDANT LIFE

John 1:1-4, 10:10

I. WHAT IS LIFE (Jas 4:13-14)?

A. *The nature of our life.*

1. **bios** - natural life or extensive life, the conduct, means and/or duration of life
2. **psuche** - soulish life; the life of the mind, will, emotions, personality, etc.
3. **zoe** – spiritual life; the life of God that enhances and enlivens every other aspect of our lives.

B. *The curse on our life* (Gen 3:14-19).

1. On our **body** - Our bodies are corrupted and are subject to death, because of sin (Gen 2:16-17, 3:3, Rom 5:12)
2. On our **soul** - Our mind will and emotions are controlled by our sin nature (Jer 17:9).
3. On our **spirit** - We are spiritually dead and separated from the life of God (Eph 4:17-18).

C. *The quality of our life outside of Christ.*

1. Our lives may be filled with earthly pleasures and temporal blessings (Job 21:7-15, Matt 16:26).
2. Our lives may be plagued by tragedy, failure, sickness, disappointments, poverty and heartache, etc. (Job 14:1-2, Rom 8:20).
3. Our lives will be fleeting and vain (Jas 4:14,5, Ecc 1:2, Psa 89:47, Ecc 12:1-8).
4. Our lives are controlled by the god of this world (2 Cor 4:4).
5. Our lives will culminate in an eternity of separation from God and everlasting punishment (Matt 24:41, Rom 2:5, Heb 9:27).

D. *The quality of our lives in Christ but not living the life of Christ* (2 Cor 5:17).

1. Great fluctuations in our spiritual life.
2. Failure before besetting sins.
3. A general sense of powerlessness.

II. WHAT IS THE QUALITY OF YOUR LIFE RIGHT NOW?

A. *What is your standard of measure* (Jn 7:24, 1 Cor 3:18-20, 2 Cor 10:12-13)?

B. *What are the goals of your life* (Ac 13:36, 2 Cor 5:9, Phil 3:12-16, 2 Cor 10:12-13)?

C. *What is the source of your life* (Isa 12:2-3, Gal 2:20, Col 3:3-4, Heb 5:8-10, Jn 15:4-8)?

1. If we're plugged in to the wrong source we won't get abundant life (Mk 7:20-23, Jas 4:1, Rom 7:18-23).

2. There are things that will block or hinder the flow of life from our source (Col 2:18-19, Jn 15:4).
 - a. *ignorance*
 - b. *not abiding (remaining) in Christ*
 - c. *sin*
 - d. *condemnation*
 - e. *religion and legalism*